



## Scheduling an Appointment

If you are interested in our services and would like to make an appointment, please call **(989) 774-3904**. A trained student therapist will discuss the services we provide and answer any questions.

## Cost of Services

### Therapy for CMU Students:

\$10/session

### Therapy for Community Members:

\$10-75/session\*

### Psychological Assessment:

\$500

Insurance is not accepted at this time.

\*Cost is based on financial need.

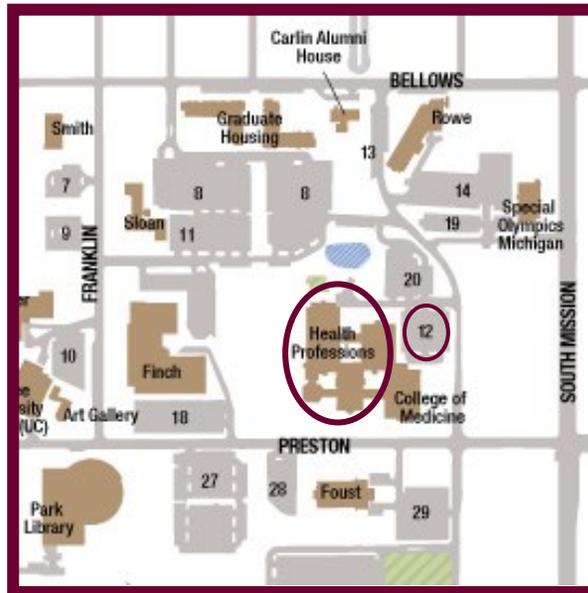
## Hours

**Monday—Friday: 8AM-5PM**

Evening hours may be available

## Directions & Parking

The PTCC is located in the **Carls Center** on the first floor of the **Health Professions Building**. Parking is available in **Lot 12** in the marked Carls Center parking spaces.



## Psychological Training and Consultation Center

1280 East Campus Drive  
1101 Health Professions Building  
Mt. Pleasant, MI 48859  
Phone: (989) 774-3904  
Fax: (989) 774-1891  
E-mail: carlscenter@cmich.edu



CARLS CENTER FOR  
CLINICAL CARE AND EDUCATION  
**PSYCHOLOGICAL  
TRAINING AND  
CONSULTATION CENTER**  
CENTRAL MICHIGAN UNIVERSITY



For information about  
psychological services please call  
**(989)774-3904**

or visit our website at [class.cmich.edu/  
psychologyclinic](http://class.cmich.edu/psychologyclinic)



COLLEGE OF LIBERAL ARTS  
& SOCIAL SCIENCES  
**PSYCHOLOGY**  
CENTRAL MICHIGAN UNIVERSITY

## About the Clinic

The Psychological Training and Consultation Center (PTCC) at Central Michigan University is an outpatient mental health clinic that provides therapy and assessment.

## Who Can Use the Clinic?

The clinic provides services to both students and community members.

## What Services Does the Clinic Offer?

The PTCC provides services for a range of mental health concerns.

### Psychotherapy

- ◆ Depression
- ◆ Anxiety
- ◆ Family stress
- ◆ Relationship troubles
- ◆ Adjustment to life changes
- ◆ Behavioral dysfunction in children

### Psychological assessment

- ◆ Learning disorders and attention problems
- ◆ Other academic difficulties
- ◆ Diagnostic considerations
- ◆ Treatment recommendations

## Who Provides the Services

Services are provided by psychology doctoral students who are supervised by Licensed Psychologists. Student therapists are trained and supervised by experienced psychologists to provide high quality mental health treatment.



## Specialty Clinics

### The Trauma and Anxiety Disorders Clinic

- ◆ Provides assessment and cognitive-behavioral treatment for:
  - ◇ Anxiety
  - ◇ Panic attacks
  - ◇ Obsessive compulsive disorder
  - ◇ Symptoms related to a traumatic event

### The Neuropsychology Clinic

- ◆ Comprehensive neuropsychological evaluations assessing:
  - ◇ Memory
  - ◇ Problem solving
  - ◇ Academic skills
  - ◇ Communication ability
  - ◇ Emotional functioning
  - ◇ Sensory/motor functioning
  - ◇ General intellectual functioning
- ◆ *Please call Dr. Reid Skeel directly at (989)774-6485 for information*

## Additional Services\*

### Center for Children, Families, and Communities (CCFC)

[www.class.cmich.edu/CCFC](http://www.class.cmich.edu/CCFC)  
(989)774-6639

- ◆ Services for children, families, and couples

\*Clinics have their own fee schedules. Please inquire with them directly.

